



# What are electronic cigarettes?

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Electronic cigarettes (e-cigarettes) are battery- powered devices that heat a liquid into an aerosol that the user inhales.

Electronic cigarettes are also called: Vapes, E-hookahs, Vape Pens, Tank Systems, Mods, Electronic Nicotine Delivery Systems (ENDS)

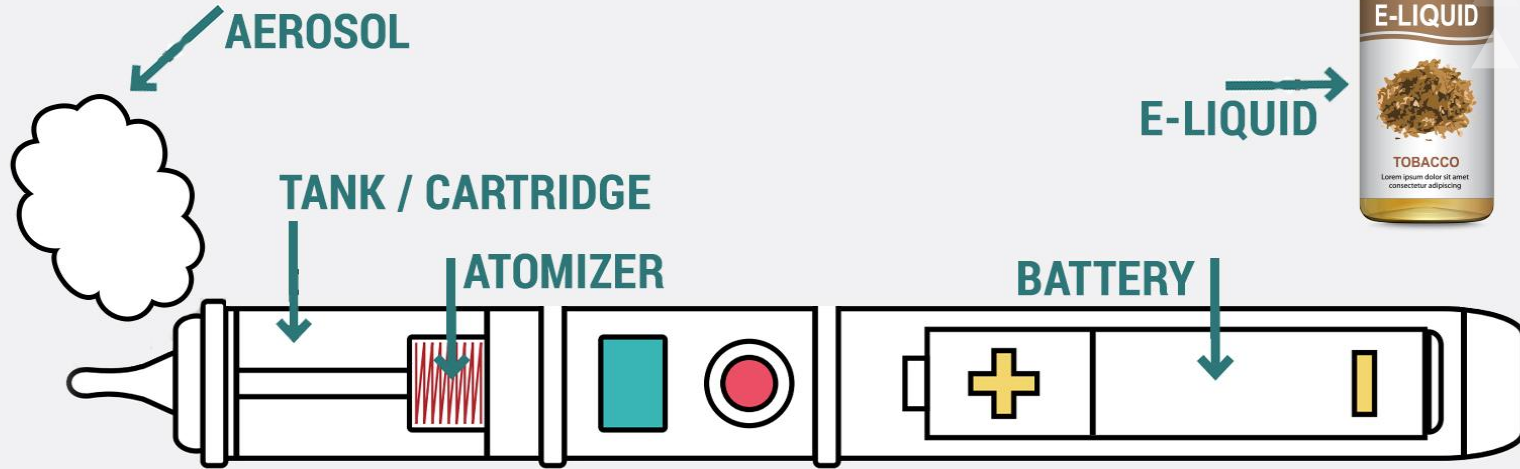


They come in many shapes and sizes; some look like regular cigarettes, whereas others look like USB flash drives, pens, and other everyday items that are easy to conceal.

Using an e-cigarette is commonly called vaping.



Most e-cigarettes contain a battery, a heating element (atomizer), and a place to hold a liquid that typically consists of nicotine, flavorings, and other chemicals such as propylene glycol, to retain moisture and create an aerosol when heating.



E-liquids are available in a variety of flavors and may contain various substances such as nicotine, cannabis (THC, CBD), propylene glycol (PG), or vegetable glycerin (VG).



E-cigarettes are NOT safe for youth or young adults. Adults should also avoid vaping if they are pregnant or do not currently use tobacco products.

